

## Legislative Task Force on Aging Presentation

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## **Topics**

- What we know
- MnDOT work that supports the aging population:
  - Greater Minnesota Transit
  - Transportation Access Coordination
  - Shared Mobility Innovation
  - Complete Streets
  - Active Transportation
  - ADA and Accessibility
- Questions & Discussion

## Travel behavior of people age 65+ in Minnesota

- More trips for shopping and medical purposes than other age groups.
- Majority of older Minnesotans live in Greater Minnesota, which is projected to persist.
- More reliance on private vehicles for transportation due to lower density of destinations and fewer public transportation options in Greater Minnesota.

Source: MnDOT Aging Population Trend Paper (http://minnesotago.org/download file/view/1159)

### Transportation needs for people age 65+ in Minnesota

#### **SAFETY**

- People age 65+ can be physically more vulnerable and slower to heal.
- Safety concerns include uneven or icy sidewalks, fear of driving, anxiety using transit services.
- Less likely to be involved in a crash than younger drivers, but more likely to die in one.

#### **ACCESSIBILITY**

- People age 65+ more likely to have a disability 30% of 65+ have at least one disability.
- Memory loss or limited vision can make wayfinding and navigation difficult. Technology advances can help older adults overcome trip-planning and physical barriers.

#### **AFFORDABILITY**

- Transportation affordability can be an issue, particularly for those on a fixed income. For example, it costs an average of \$11,000/year to own and operate a vehicle.
- Transit service providers often offer older adults rides at a lower rate, but local governments' share of the cost to serve older riders is projected to double from 2020 to 2030.

#### **Greater Minnesota Public Transit Map** Systems Administered by the Minnesota Department of Transportation Current as of December 2022 Tri-Valley Heartland Express Bus Paul Bunyan Transit **Hubbard County Heartland Express** Arrowhead Transit East Grand Forks Transit Becker County Transi Hibbing Area Transit Alternatives **Duluth Transit** Authority Transit Brainerd & Crow Wing Public Transit/Pine River Wadena County Friendly Rider Transit Kanabec County Transit Rainbow Rider St. Cloud Transit Metro Bus Tri-Cap Transit Connection Prairie Five Rides Trailblazer Transit Administered Central Community by Met Council Minnesota River Valley Transit Transit [ (Le Sueur, Saint Peter, Kasota) Three Rivers Community Transit Hiawathaland Transit of UCAP nona Transit Service Greater Mankato 4 Public Transit Rochester **Brown County Heartland Express** ublic Transit La Crescent Prairieland Watonwan Rolling Hills Take Me There Prairie Lakes Transit VINE Transit SMART (True Transit) Legend m Small Urban Systems ● Rural Small City Systems Rural County Systems Tribal Boundaries

#### **Greater Minnesota Transit**

- Transit serves a critical role for seniors throughout Greater Minnesota, allowing residents to participate in the state's communities and economy.
- In 2022, Greater Minnesota had 35 public transit systems and 6 tribal transit systems offering scheduled transit service in 79 counties.
- Over 7 million rides in 2022

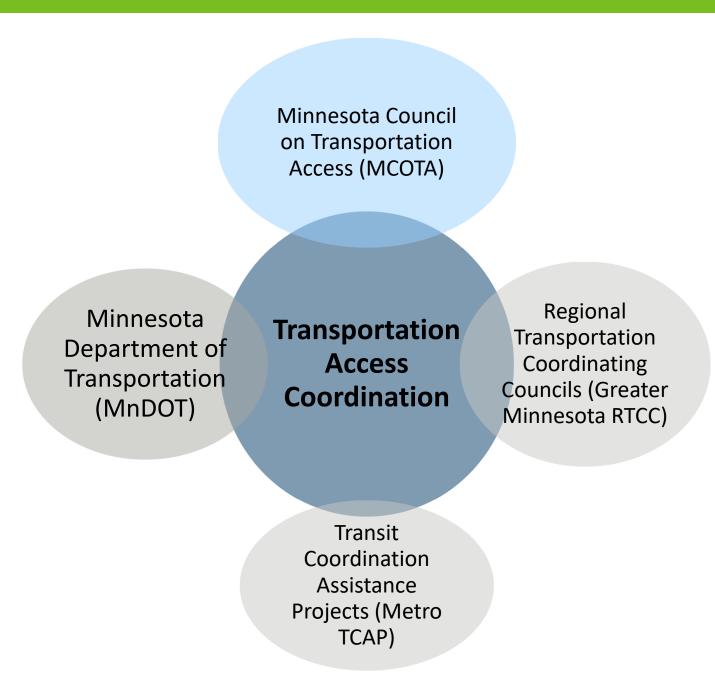
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#### **Greater Minnesota Transit**



- Developing a new Greater Minnesota Transit
   Plan completion anticipated in spring of
   2025.
- The Transit Plan will bring together state and local goals and set a strategic direction towards maintaining and improving transit in Greater Minnesota.

### Transportation Access Coordination: Who is involved?



#### **Statewide Coordination:**

 Minnesota Council on Transportation Access (MCOTA)

#### **Regional Coordination:**

- Regional Transportation Coordinating Councils (Greater Minnesota RTCCs)
- Transit Coordination Assistance Projects (Metro TCAPs)

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## Minnesota Council on Transportation Access (MCOTA) Established by the Minnesota Legislature in 2010

## 13-member state agencies & organizations:

- Governor's Office
- Council on Disability
- Mn Public Transit
   Association
- MnDOT
- Met Council
- Human Services

- Health Services
- Board on Aging
- DEED
- Education
- Commerce
- MMB
- Veterans Affairs

## MCOTA's Strategic Plan

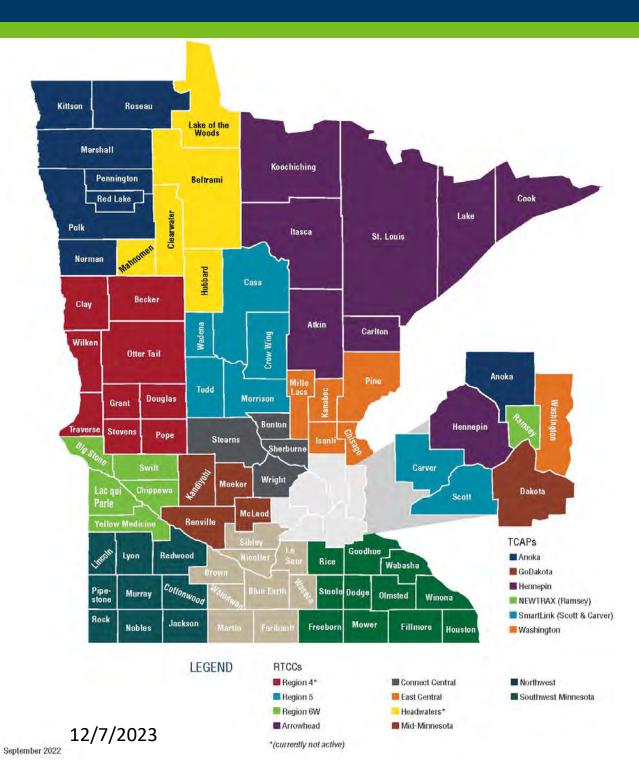
Identify/reduce gaps Provide Streamline more access options

**Vision**: Minnesotans will have access to coordinated transportation services to meet their mobility needs.

Mission: To work together to remove obstacles that prevent the successful coordination of transportation programs and resources among their respective customers.

**Focus**: Transportation access and coordination for older adults, people with disabilities and people with low income.

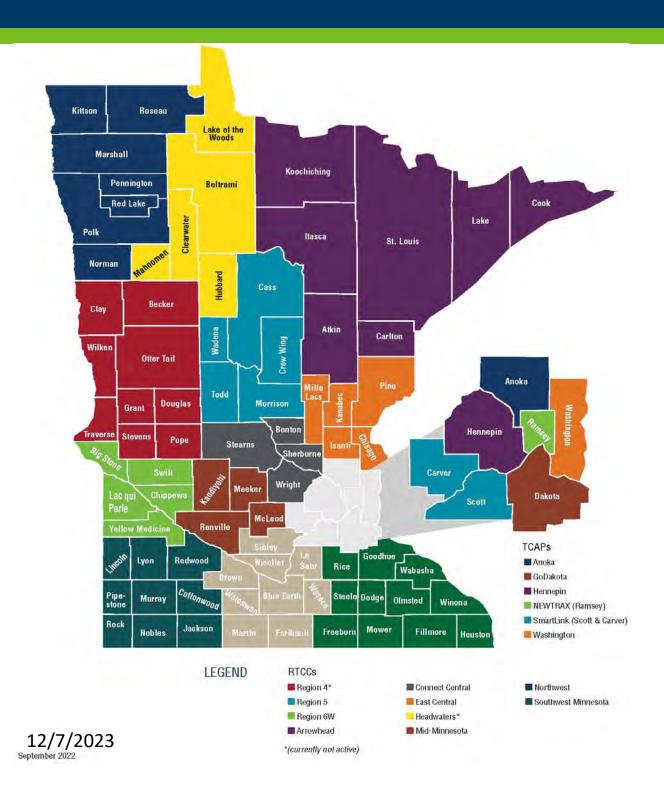
# Regional Transportation Coordinating Councils: Regional RTCCs



#### 7 RTCCs in Greater Minnesota

- Arrowhead/Arrowhead Regional Development Commission
- Northwest/NW Regional Development Commission
- Region Five/Region Five Regional Development Commission
- East Central/East Central Regional Development Commission
- Headwaters/Headwaters Regional Development Commission
- Mid-Minnesota/Mid-MN Regional Development Commission
- Southwest/United Community Action Partnership

## Transit Coordination Assistance Projects: Metro TCAPs



#### **6 TCAPS in Metro Counties:**

- Anoka
- Dakota Go Dakota
- Carver/Scott Smart Link
- Hennepin (in development)
- Ramsey Newtrax
- Washington Go Washington

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# Transportation Access Coordination: What can be accomplished?

#### Work related to Volunteer Drivers:

- Law change in 2022 provided a state income tax deduction for volunteer drivers who would otherwise pay taxes on mileage reimbursement.
- Created Volunteer Driver Webinars to promote best practices <u>and</u> a Volunteer Driver Program Resources webpage: <u>https://coordinatemntransit.org/resources/volunteer-drivers</u>

#### Examples of programs through RTCC and TCAP partners:

- Mid-Minnesota RTCC creates and distributes volunteer driver-focused videos.
- Arrowhead RTCC facilitates vehicle-sharing among community agencies to expand capacity and resources.
- The Hop Scott Volunteer Driver Program in Scott County.
- Community micro transit services (Newtrax) in Ramsey County and parts of Washington County.

## Shared Mobility Innovation: Moving Greater MN Forward Program



- The first and only rural, tribal, and small urban-focused innovative mobility system in the nation.
- An all-sector collaboration to provide technical and financial support and a forward-looking road map to manage financing and growth.

### Moving Greater Minnesota Forward: Phases

## Phase 1: Idea Development

Program: 10-week Lean Startup course plus 6-months of coaching

Participants: Local government and community organizations, public transit agencies, small biz, startups, mobility providers

Timing: New cohort every six months starting Sept 2023

Phase 1 completion

#### Phase 2: Testing

Program: Up to two years of pilot funding

Participants: Local or tribal government or public transit agencies with private partner(s)

Timing: Annual project call starting February 2024

Phase 2 completion

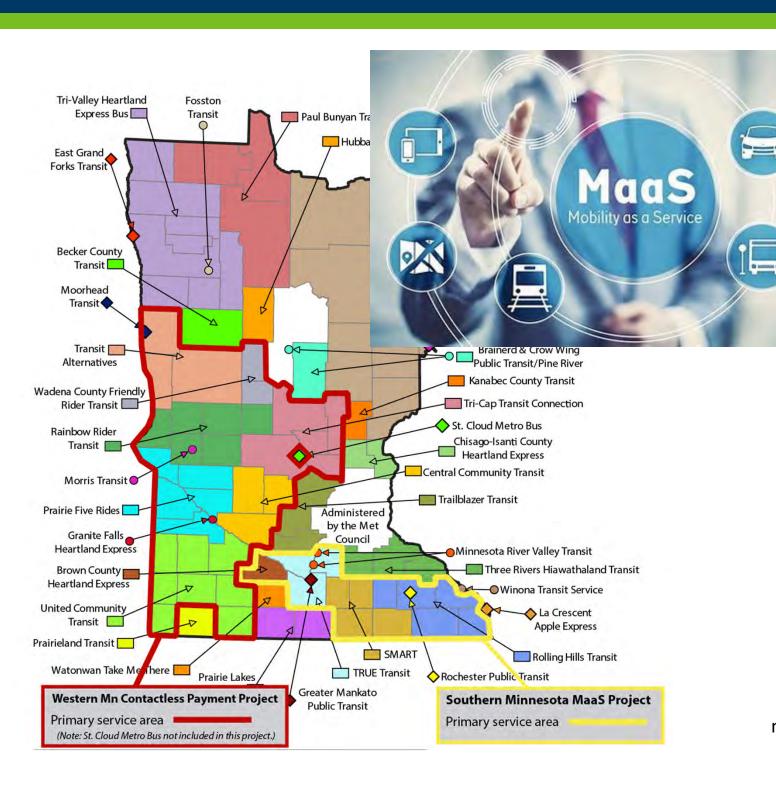
#### Phase 3: Scaling

Program: Ongoing funding to scale success

Participants: Local or tribal government or public transit agencies with private partner(s)

Timing: Successful completion of Phase 2

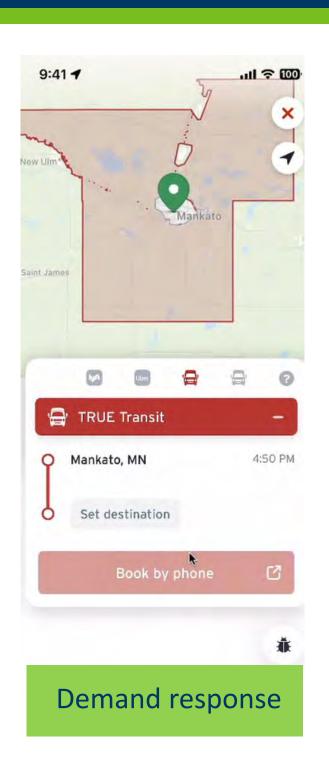
### MnDOT Regional MaaS Project

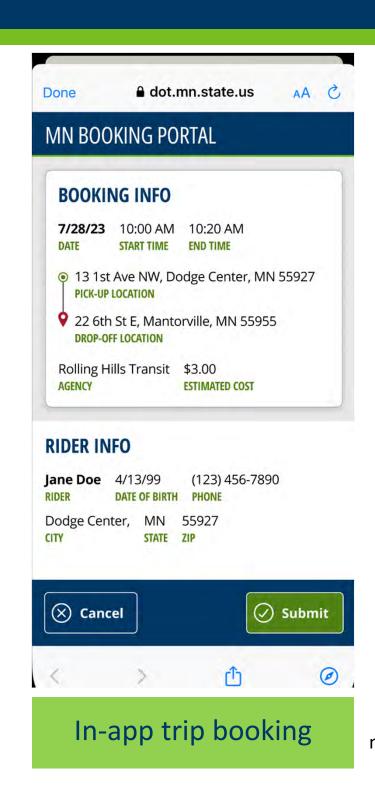


- Mobility as a Service vision: a single platform that provides access to all shared mobility options, allows trip planning, fare payment, and real time updates on trip information
- Integration of transit planning and ticketing with private shuttles and buses, taxis, TNCs, bike and scooter share, van pool, carshare, and new emerging shared mobility technologies
- FTA pilot through April 2024 with transit providers in Southern and Western Minnesota

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## MnDOT Regional MaaS Project





#### Innovation in rural transit trip planning

- First integration of rural transit trip planning in major planning app, the Transit app
- In-app fare payment
- Rural demand response trip booking and management in Transit app

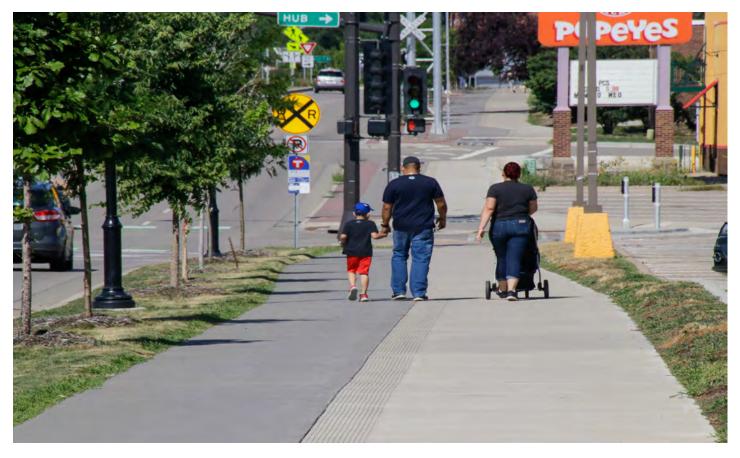
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## Complete Streets





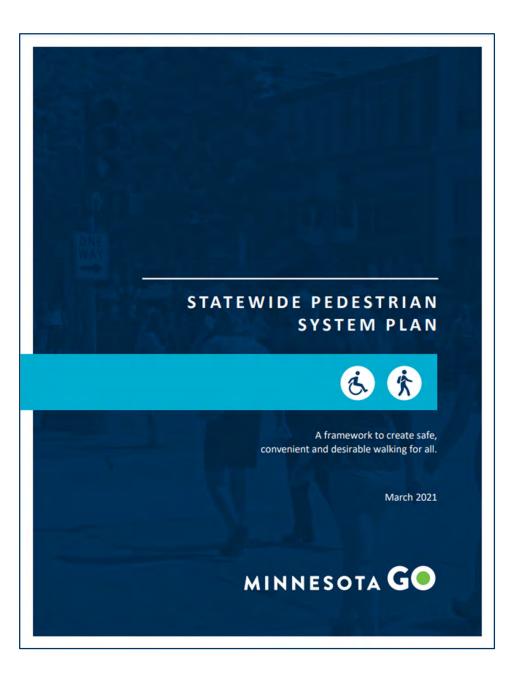
### **Active Transportation**



- Active transportation infrastructure in communities make streets safer for all ages.
- Walking and bicycling infrastructure can help aging adults stay independent.
- Walking and bicycling increases opportunities for social interactions with community members, increasing social wellbeing and connectedness.
- Regular physical activity, like walking and bicycling, can keep people strong as they age, which helps to prevent falls.

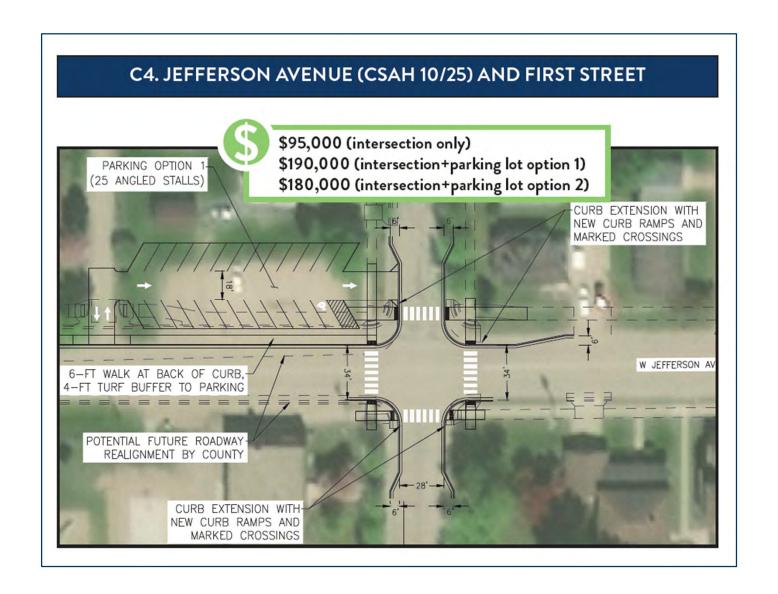
## Active Transportation: Planning

- Maintain the Statewide Pedestrian System Plan (SPSP)
- Maintain the Statewide Bicycle System Plan (SBSP)
- US Bicycle Routes



## Active Transportation: Design and Engineering

- Lead the creation, improvement, and education around bike/ped design guidance
- Lead technical aspects of demonstration projects
- Implementation of projects identified in modal plans



## Active Transportation: Programming and Education

- Active Transportation program
- Safe Routes to School program
- Other safety education projects



## Active Transportation: Data and Mapping

- AT Data Program with portable and permanent counters
- Tribal Pedestrian Safety Project
- Bike Mapping functions



## ADA and Accessibility



- MnDOT has been making routine investments in the accessibility and ADA compliance of its pedestrian facilities.
- Compliant facilities improve usability and access for all users regardless of ability.



## Thank You!